



Come, Holy Spirit,
fill the hearts
of your faithful.
And kindle in them
the fire of your love.
Send forth your Spirit
and they shall be
created.
And you will renew
the face of the earth.

Prayer to the Holy Spirit



My God,
I am sorry for my sins
with all my heart.
In choosing to do wrong
and failing to do good,
I have sinned against you
whom I should love
above all things.
I firmly intend, with your help,
to do penance,
to sin no more,
and to avoid whatever
leads me to sin.

Act of Contrition



Stay with me Lord
when I am in trouble,
in the name
of the Father, and
of the Son, and
of the Holy Spirit.

Amen.

