



Blessing Sacramentals

1. Invite the children to bring in any sacramentals they may have at home. Explain that the group is going to bless these sacramentals.

You might want to have some extra sacramentals on hand such as saint medals for children who do not have sacramentals from home.

2. Give the children an opportunity to show the rest of the group their sacramental.
3. Invite the children to raise their sacramentals high in the air.
4. Encourage the children to repeat the lines of the following prayer after you:

Loving God,

Bless these sacramentals we have with us today.

May these objects help us to be more aware of your constant presence.

We ask this in the name of the Father, and of the Son, and of the Holy Spirit.

Amen.