

# LENT Classroom Prayer

*Create in me a clean heart , O God!*

## SIGN OF THE CROSS

### GREETING

**Leader** The Lord be with your spirit. Grace be with all of you. 2 Timothy 4:22

**All** And with your Spirit.

**Leader** Together as one family of God  
let us remember that God so loved the world that he gave his only Son, Jesus.

**Leader** Have mercy on us, O Lord.

**All** For we have sinned against you.

**Leader** Show us, O Lord, your mercy.

**All** And grant us your salvation.

**Leader** Let us pray.

**All** I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned, in my thoughts and in my words,  
in what I have done and in what I have failed to do.



## LOOKING INTO MY HEART (Examen - Week 1)

Put your hand over your heart and say: (pause and think about the questions)

through my fault,

***Do I love God? Do I pray in the morning and at night?***

Put your hand over your heart and say: (pause and think about the questions)

through my fault,

***Do I say God's name or the name of Jesus in a disrespectful way?  
Do I care about those around me?***

Put your hand over your heart and say: (pause and think about the questions)

through my most grievous fault,

***Do I pay attention at Mass on Sunday?***

**Leader** I ask blessed Mary ever-Virgin, all the Angels and Saints,  
and you, my brothers and sisters, to pray for me to the Lord our God.  
May almighty God *create in me a clean heart*  
and strengthen me to do good now and forever. Amen.

## PRAYER FOR END OF CLASS

**Leader** Let us pray.

May the Lord bless us and keep us today and always.  
In the name of the + Father and of the Son and of the Holy Spirit.  
Go in peace to love and serve the Lord.

**All** Thanks be to God.



# LENT Classroom Prayer

## Examination of Conscience

### LOOKING INTO MY HEART (Examen - Weeks 2 & 3)

Put your hand over your heart and say:

(pause and think about the questions)

through my fault,

***How am I showing love and respect for God? Do I pray?***

Put your hand over your heart and say:

(pause and think about the questions)

through my fault,

***Do I use God's name or Jesus' name respectfully?  
Have I spoken Jesus' name inappropriately when I am angry or to impress my friends?***

Put your hand over your heart and say:

(pause and think about the questions)

through my most grievous fault,

***Do I listen at Mass on Sunday?***



### LOOKING INTO MY HEART (Examen - Weeks 4 & 5)

Put your hand over your heart and say:

(pause and think about the questions)

through my fault,

***How am I showing my love and respect for others?***

Put your hand over your heart and say:

(pause and think about the questions)

through my fault,

***Do I respect my parents and teachers? Do I respect others who have responsibility for me?***

Put your hand over your heart and say:

(pause and think about the questions)

through my most grievous fault,

***Do I ask forgiveness of God and others?  
Do I go to the sacrament of Reconciliation?***



### LOOKING INTO MY HEART (Examen - Holy Week)

Put your hand over your heart and say:

(pause and think about the questions)

through my fault,

***Do I treat other people fairly and with kindness? Or have I been mean to others?***

Put your hand over your heart and say:

(pause and think about the questions)

through my fault,

***Am I generous? Do I share? Have I been greedy?***

Put your hand over your heart and say:

(pause and think about the questions)

through my most grievous fault,

***Am I truthful? Or have I lied to get out of trouble or to get someone in trouble?***

