

# Taking a Trust Walk

1. Put the group into pairs and give each pair a blindfold.
2. Ask each pair to choose one person to wear the blindfold first.  
*Explain that they both will have the opportunity to wear the blindfold.*
3. Give the children time to take turns leading the blindfolded person around the building and grounds. Remind the children to be extra careful and to take their time.
4. Afterward, discuss with the children what techniques worked well for leading. Ask them to share what techniques made them feel secure when they were being led.
5. Next, talk to the children about how we can lead one another toward a life of faith. *Ask them how they can encourage each other to live as Jesus taught us.*