



Making Meal Prayer Table Tents

1. Distribute a piece of stiff paper to each child.
2. Direct the children to fold the paper in half.
3. Show the children that the folded paper can stand like a tent on a table.
4. Explain that they are going to make table tents.
5. Have the children write the entire "Grace Before Meals" on one side of the tent and "Grace After Meals" on the other.
6. Give the children time to decorate their table tents.
7. Have the children to bring their table tents home and put them on the dinner table.

Encourage them to pray these prayers with their families.